



**REACH MS and the Mississippi Parent Training and Information Center
Present**

Learning at Home

**A new series this school year for
families of students with disabilities**

We know that you might be juggling work, your own schedule, and having your children home more than before. Or, you might have sitters, family members, or siblings looking after your children. Join us this school year as we meet online monthly to discuss topics related to at-home learning and "management" specific to children with disabilities. We have some topics ready-to-go for you, and we will also take requests for monthly topics.

Details about our 3rd Learning at Home online meeting are below. The meeting will be recorded for you to view at any time, but your live presence and active participation will allow you to discuss with others and get feedback on your questions.

Meeting: Thursday, November 19th at noon

Topic: *Caregiver's Role in Assisting Children with Self-Regulation*

During this month's meeting, we will build from the calming supports we discussed last month and specifically discuss what caregivers and other adults can do to assist children with calming. We will discuss a 4-step process for facilitating negative emotions and inappropriate behaviors and review visuals that are handy. There will be opportunities for questions and discussion.

Registration Link: <https://attendee.gotowebinar.com/register/500052801670547472>

For questions concerning Learning at Home meetings, please email Brittany Herrington at brittany.herrington@usm.edu.

We look forward to "meeting" you!

