

YOUTH MENTAL HEALTH FIRST AID

Youth Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illness and substance use disorders in youth. This training gives adults who work with youth the skills they need to reach out and provide initial support to children and adolescents (ages 6-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.

extension.msstate.edu/health/the-promise-initiative/mental-health-first-aid

SESSION INFORMATION:

- 20 capacity for each session

DETAILS ABOUT ONLINE COMPONENT:

- Total of 4 self-paced modules, estimated 2.5 hours to complete
- Online component must be completed before the Zoom meeting.

SESSION	DATE	WINDOW TO COMPLETE ONLINE MODULES	F2F ON ZOOM
SESSION 1	October 6-13, 2020	October 6-12, 2020	October 13, 2020 8 a.m. - 12:30 p.m.
SESSION 2	October 6-13, 2020	October 6-12, 2020	October 13, 2020 12:30 - 5:00 p.m.
SESSION 3	October 20-27, 2020	October 20-26, 2020	October 27, 2020 8 a.m. - 12:30 p.m.
SESSION 4	October 20-27, 2020	October 20-26, 2020	October 27, 2020 12:30 - 5:00 p.m.



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www.MentalHealthFirstAid.org

CEUS/SEMIS: Up to .7 CEUs and 5 SEMIs can be earned. Cost: \$15

REGISTRATION: Registration opens September 21. Registration for Sessions 1 and 2 closes on September 30 or when full (20). Registration for Sessions 3 and 4 closes on October 14 or when full (20).

For more information or to register, visit rcu.gosignmeup.com and search for "youth mental health first aid".

COST: Free

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