



Emotional Poverty in All Demographics: How to Reduce Anger, Anxiety, and Violence in the Classroom

by Dr. Ruby Payne

June 21, 2019 at Oxford Conference Center

For more information: <http://nmec.msresaservices.com/all-workshops/categories-academic/Emotional-Poverty-in-All-Demographics>

Every evening on the news, there are multiple stories about violence and anger erupting. Workplace and school violence are increasingly a reality. Using a brain-based approach, this session looks at the underlying causes of anger, anxiety, and violence; how they develop; and the tools that can be used to change those responses. Emotions are processed 200 to 5,000 times faster than thought. To change behavior, the *motivation* for the behavior must be changed. This session will provide understandings on how that can be used with family, relationships, institutions, and oneself. The workshop:

- Provides understandings of origins of anger, anxiety, and avoidance
- Gives a language to talk about brain regulation, integration, and emotional competence
- Provides tools for educators to address and reduce anger, anxiety, and avoidance
- Helps educators manage the “classroom dance” that occurs between the educator and the students
- Provides the tools to motivate good behavior
- Identifies the differences in male and female emotional processing

“It was one of the most riveting speeches I have ever heard you give, and it gave us a sense of reassurance we all desperately needed. People cannot wait to get your book on emotional poverty. The information you provide can and will save the lives of so many children.”

— Jimmy C. Stokes, Ed.D.
Georgia Association of Educational Leaders
Athens, Georgia

Dr. Payne’s newest book, *Emotional Poverty in All Demographics*, will be given to all participants. The cost (**Early Bird Special - \$125** until March 31, after April 1 - \$150) of the workshop includes: Dr. Payne’s full-day presentation, book, CEUs, lunch, and refreshments.